



**LGBT Health Institute**  
**June 3, 2009 10am to 5pm**  
**Holiday Inn Select, 970 Dixon Road, Toronto**

On June 3, 2009, Rainbow Health Ontario, Sherbourne Health Centre and the Association of Ontario Health Centres will hold a pre-conference LGBT (Lesbian, Gay, Bisexual, Trans) Health Institute. The Institute will feature two day-long workshops that run in parallel.

Please find below descriptions of each of the workshops:

**Workshop #1: Improving Care for LGBT Communities:  
A General Introduction**

This workshop provides a basic introduction to LGBT health issues, and a framework for supporting the organizational changes needed to ensure LGBT are well served. This workshop is appropriate for any staff working at a health centre. The day has three major components:

**Part I: Barriers to Health Care: Introduction to LGBT Health Issues**

This part of the workshop explores the barriers to health care experienced by LGBT people as well as the basic health issues faced by LGBT populations. This session addresses terminology, assumptions, and myths, stereotypes, asking the right questions, health disparities and guidelines for providing good care.

**Part II: Focus on Gender and Identity: Introduction to Transgender and Transsexual Issues**

Many providers feel least confident about their knowledge of the health issues that affect trans people, yet trans people in our province face the most significant barriers in accessing care. This part of the workshop will focus specifically on the health issues of transsexual and transgender people. This session addresses terminology in trans communities, specific trans health needs and creating a trans-positive space. We will discuss the range of different trans identities.

**Part III: Removing the Barriers: Making your Organization LGBT-Positive**

Organizational change is key to improving care for LGBT people; this part of the workshop uses an anti-oppression/anti-racism framework to examine the process of developing organizational sensitivity and responsiveness to diverse LGBT communities. This session addresses creating a positive and welcoming work environment for both LGBT staff and clients

## **Workshop #2: Providing Clinical Care to Transsexual and Transgender People**

This workshop provides a general introduction to trans health issues, and training in providing clinical care to trans people.

The workshop will be delivered by staff from Rainbow Health Ontario, and the Primary Care Team at Sherbourne Health Centre, who care for over 500 trans clients in their practice.

This workshop is appropriate for clinicians who are interested in learning to provide primary health care to trans people. The workshop will include 3 components:

### **Part I: Introduction to Gender and Identity: Transgender and Transsexual Issues**

Many providers feel least confident about their knowledge of the health issues that affect trans people, yet trans people in our province face the most significant barriers in accessing care. This part of the workshop will provide an introduction to the health and social issues of transsexual and transgender people. This session addresses terminology in trans communities, specific trans health needs and creating a trans-positive space.

### **Part II: Clinical Protocols**

The second part of the workshop will focus specifically on the clinical management of trans people. The workshop facilitators are a physician and nurse team from Sherbourne Health Centre. We will review hormone protocols for trans people, as well as preparation and aftercare of Sex Reassignment Surgery.

We will review other health issues that affect trans people, and discuss best practices in providing general primary care to trans people.

### **Part III: Practical Support and Community Building**

This part of the workshop will focus on how to provide psychosocial and practical supports to trans people in your practice. One of the highlights of this session will be an introduction to “Gender Journeys” – a 10 week workshop delivered by Sherbourne Health Centre that supports people who are considering whether or not they will transition. We will also discuss how to support community building and peer-support in trans communities across the province.



Rainbow Health Ontario



SHERBOURNE  
Health Centre



Association of Ontario Health Centres  
Community-governed primary health care

Association des centres de santé de l'Ontario  
Soins de santé primaires gérés par la communauté

## LGBT Health Institute Registration Form

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Tel: \_\_\_\_\_ Email: \_\_\_\_\_

### I would like to attend:

- Workshop #1: Improving Care for LGBT Communities:  
A General Introduction OR
- Workshop #2: Providing Clinical Care to Transsexual and  
Transgender People

**Workshop Fee - \$75.00 (pls. make cheques payable to AOHC)**

### Method of payment:

- Cheque enclosed    Visa    Mastercard

Name \_\_\_\_\_

Credit Card # \_\_\_\_\_ Expiry Date \_\_\_\_\_

Food allergies: \_\_\_\_\_

**Please fax your registration to: 416-236-0431 or mail to:  
AOHC, 970 Lawrence Avenue West, Suite 500 Toronto, ON M6A 3B6**

AOHC-ACSO 970 Lawrence Ave. W., Suite 500, Toronto, ON M6A 3B6 T 416.236.2539 F 416.236.0431 mail@aohc.org www.aohc.org



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