

You are invited to take part in a research study looking at

# MINORITY STRESS

at McMaster University, St. Joseph's Healthcare Hamilton



Minority stress is the excess stress, discrimination, and prejudice individuals face due to their minority status/stigmatized identity, related to sexual orientation, race, ethnicity, gender, and other social identities.

**SEEKING:** We are seeking individuals who identify as gender minorities (e.g., transgender, gender non-binary, gender fluid, gender non-conforming, Two-spirit). You will be compensated \$50 for your time.

Our qualitative study:

- Is being conducted by a team of researchers at McMaster University, St. Joseph's Healthcare Hamilton
- Involves completing questionnaires and 2 interviews

To participate, you must be:

- 18-65 years old
- Comfortable using electronic devices (i.e. laptop, tablet, smartphone, etc.)

For more information on this study, please contact: Sandhya Narikuzhy — Research Student for Principal Investigator, Dr. Andrew Nicholson, McMaster University at [narikuzs@mcmaster.ca](mailto:narikuzs@mcmaster.ca)





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**SEEKING:**  
Individuals who  
identify as sexual  
minorities

(e.g. lesbian, gay, bisexual, pansexual)

You will be compensated \$50 for  
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**SEEKING:** Individuals who identify as racial, ethnic, gender and/or sexual minorities

You will be compensated \$50 for your time.

Our neurobiological study:

- Is being conducted by a team of researchers at McMaster University, St. Joseph's Healthcare Hamilton
- Involves completing questionnaires, one fMRI scan, and optional blood sample collection to better understand the body's fight against oppression

To participate, you must be:

- 18-65 years old
- Comfortable using electronic devices (i.e. laptop, tablet, smartphone, etc.)
- Living in the GTA or Southwestern Ontario region

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